

On the Culinary Stage - 2006

MILLER-MURPHY-HOWARD BUILDING

- October 6 **2:00 and 3:30 p.m.**, The Georgia Egg Commission presents "**Put Your Taste Buds in Motion**" with **Holly Hidell and Jewell Hutto** as they demonstrate the *most dreamy* recipes ever. See page 73.

4:30 p.m. Contestants had lots of fun with last year's Halloween themed *I Love Eggs Contest*. You'll have fun this year too with first place winners **Debra and Rebecca Brooks** as they demonstrate their winning "**Marie Antoinettes!**"
- October 7 **1:30, 3:00 and 4:30 p.m.**, "**Put Your Taste Buds in Motion**" with **Holly Hidell and Jewell Hutto**. See page 73.
- October 8 **4:30 p.m.** **KC Masterpiece Barbecue Sauce** asked for some *Memorable Meals* and we had some terrific ones last year! **Rachel Brooks** will be on hand at this year's contest to demonstrate her twist on the traditional **Shepherd's Pie**, last year's first-place winner.
- October 9 **4:30 p.m.** **Carla Garnto and Wendi DeFore**, another mother/daughter team of great cooks, will demonstrate **Carla's "Sensationally Easy n' Lite Ceasar Chicken Pasta Salad"** and **Wendi's "Down on the Farm Chicken Casserole"**. Each of these were first place winners in last year's **Cluckin' Good Chicken** contest.
- October 10 **10:30 a.m.** Think the only way you can eat grits is in a bowl with lots of butter or nestled beside eggs cooked to order? Think again! **Debra Brooks** will demonstrate her first place 2005 winner "**Grits Over Easy Casserole.**" Delightfully delicious and easy.

4:30 p.m. **Kelly Hagen and Rhonda Hitch**, two of the first-place winners of the 2005 Cooking Lite and Healthy competition will be demonstrating their winners during this year's contest. **Kelly's "Refreshing Pasta Salad"** and **Rhonda's "Diabetic Cheesecake"** really impressed the judges. These two proved that "healthy" can be *good* and good for you!
- October 11 **10:30 a.m.** **Virginia Martin and Alberta Allison**, winners of last year's **Yummy Good Sweet Potato** sweet and side-dish categories are teaming up to demonstrate their winners at this year's contest. There's a secret to **Virginia's sweet potato pie** success and **Alberta's Stuffed Sweet Potato Peppers** are deliciously different.
- October 12 **2:00 and 4:30 p.m.** **Joy Carter and Don Koehler** with the **Georgia Peanut Commission** will present simple nutritious snacks featuring Georgia Peanuts. The winner of last year's Georgia Peanut Contest **Rachel Brooks** will join **Don and Joy** at **4:30** to share her winning recipe "**Peanut Cabbage Slaw with Marinated Chicken.**"
- October 13 **Times TBA.** **Mary Jane Polizzotto**, will present professional cake decorating techniques and information about the **ICES organization**.
- October 14 **11:30 a.m.** **Lisa and Sheila Gentry** will be showing you how to make Lisa's 2005 blue ribbon winner for the **Hidden Valley Ranch Family Friendly Food** contest, "**Hidden Valley Party Roll-ups**" during this year's contest, along with Sheila's winning "**We Want Wow Now Pork**" **Rodeo Ribs**.